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For Immediate Release

Will Your Employees Get Engaged this Valentine's Day? Community Health Charities Encourages Employers to Engage their Employees in Heart Health

Washington, DC (February 11, 2015) – With heart disease and stroke currently the two most widespread and costly health problems facing our nation – accounting for more than \$312 billion in health care spending and lost productivity – it's time to get your employees engaged in heart health.

More than 600,000 people die of heart disease in the United States each year, or one of every four U.S. deaths. The term “heart disease” refers to several types of heart conditions. The most common type is coronary artery disease, which can cause heart attack and heart failure.

To help employers get their employees started on a path to a healthy heart, Community Health Charities provides these resources to [Prevent Heart Disease & Stroke in the Workplace](#). Community Health Charities also offers employee-focused resources to help them [Control Heart Disease at Work](#), including simple risk assessment tests for heart disease and stroke.

“Having an employee with heart disease can cost a company more than \$68,000, which is a staggering number” said Thomas G. Bognanno, President & CEO of Community Health Charities. “We encourage all employers to take steps now to prevent heart attack and stroke. Being proactive about your employees’ health can save their lives.”

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To learn more about risk factors and prevention tips for heart disease and stroke, please visit healthmattersatwork.org. For more information about Community Health Charities and how your company can partner with us, please visit healthcharities.org or call 800.654.0845.

About Community Health Charities

Community Health Charities improves the lives of people affected by a disability or chronic disease by uniting caring donors in the workplace with the nation's most trusted health charities. Over the past five years, Community Health Charities has raised more than \$330 million to support the missions of the nearly 2,000 charities in our network.

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